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DEPARTMENT OF HEAT CENTERS FOR MEDIC STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	ALTH AND HUMAN SERVICES ARE & MEDICAID SERVICES IX11 PROVIDER/SUPPLIER/CLIA IOENTIFICATION NUMBER	IX21 MULTIPLE (CONSTRUCTION	OMB NO. 0938-0391 (X31 DATE SURVEY COMPLETED 04/14/2016
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F 000 INITIAL COMMENTS

An unannounced Medicare/Medicaid standard survey was conducted 4/12/16 through 4/14/16. Corrections are required for compliance with 42 CFR Part 483 Federal Long Term Care requirements. The Life Safety Code survey/report will follow.

The census in this 57 certified bed facility was 45 at the time of the survey. The survey sample consisted of 12 current Resident reviews (Residents 1 through 11 and Resident 16) and 5 closed record reviews (Residents 12 through 15 and Resident 17).

F 281 483.20(k)(3)(i) SERVICES PROVIDED MEET SS=D PROFESSIONAL STANDARDS

The services provided or arranged by the facility must meet professional standards of quality.

This REQUIREMENT is not met as evidenced

Based on observation, staff interview, facility document review and clinical record review, the facility staff failed to follow professional standards of nursing practice during a medication pass and pour observation that affected 2 of 17 residents (Resident #16 and Resident #17).

The findings included:

The facility staff failed to follow the five "Rs" (right resident, right medication, right route, right dose, and right time) during a medication pass and pour observation that affected Resident #16 and Resident #17. L.P.N. #2 failed to check the name on the medication label for Resident #16 when Colace was removed from the medication card and administered. L.P.N. #2 administered the

Kissito Healthcare shares the state's focus on the health, safety, and well being of facility residents. Although the facility does not agree with some of the findings and conclusions of the surveyors, we have implemented a plant of correction to demonstrate our continuing effort to provide quality care to our residents.

F 281

- 1. LPN #2 was immediately educated on the 5 R(s) of medication administration.
- 2. Current residents in the center receiving medications have the potential to be affected.
- 3. The clinical staff will be educated by the Director of Nursing services/designee on the five R's (right resident, right medication, right route, right dose, and right time) during medication administration.
- 4. The Director of Nursing Services/designee will observe three nurses weekly during medication observation to ensure the 5 R(s) of medication administration are being completed.

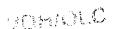
and administered -		Stered the	TITLE	(X6) DATE
ABORATORY DIRECTOR BOR PROVIDER/SUP	PLIER REPRE	SENTATIVE'S SIGNATURE	~ 0	4 29/16
ABORATORY DIRECTOR	λ	alba	tion may be excused from correcting a	providing it is determined that

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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CENTERS FOR MEDICARE & MEDICAID SERVICES (X1) PROVIOER/SUPPLIER/CLIA STATEMENT OF OEFICIENCIES

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(X2) MULTIPLE CONSTRUCTION A BUILDING

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F 281 Continued From page 1

Colace from Resident #17's medication card to Resident #16.

The surveyor observed a medication pass and pour observation with licensed practical nurse #2 on 4/12/16 at 4:15 p.m. L.P.N. #2 prepared medications for Resident #16 that included Novolog 4 units subcutaneous. Colace 100 mg (milligrams). Protonix 40 mg.

Flaxseed-Fish-Borag 400-400 capsule and Ferrous Sulfate 325 tablet. When L.P.N. #2 looked for the Colace package for Resident #16. L.P.N. #2 was unable to locate the medication with Resident #16's other packaged medications in the top section of the medication cart. L.P.N. #2 checked the bottom drawer and removed Resident #17's medication card for Colace 100 mg capsule. L.P.N. #2 punched one Colace 100 mg capsule out of Resident #17's medication card, placed the Colace with the other medications and administered the medications to Resident #16 at 4:26 p.m. L.P.N. #2 failed to follow the five "Rs" (right medication, right resident, right time, right route, right dose) for medication administration. L.P.N. #2 failed to read the resident's name on the medication card prior to pouring the medication. L.P.N. #2 removed medications from Resident #17's medication card and administered them to Resident #16.

The surveyor reconciled the medications administered with the signed physician orders for Resident #16 and Resident #17. Both residents had Colace 100 mg ordered.

The surveyor interviewed L.P.N. #2 after the medication pass and pour observation on 4/12/16 at 4:50 p.m. The surveyor requested L.P.N. #2 to look at the medication package Colace 100 mg was removed from for Resident #16. The surveyor asked L.P.N. #2 whose name was on

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- The results will be reported monthly to the Quality Assurance Committee for review and discussion. Once the QA Committee determines the problem no longer exists, audits will be conducted on a random basis.
- 6. Date of Correction-May 28, 2016.

Facility IO VA0136

If continuation sheet Page 2 of 25

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the package. L.P.N. #2 responded and said "Resident #17." L.P.N. #2 stated when the medication card was removed from the bottom drawer; "I only looked at the name of the medication and not the name of the resident. I didn't pay attention to the name," L.P.N. #2 stated.

The surveyor requested the facility standard of practice for medication administration on 4/13/16 at 9:40 a.m. from the regional nurse consultant. The nurse consultant stated nurses need to do the five "Rs (right resident, right medication, right dose, right route, and right time)" prior to medication administration. The regional nurse consultant stated nurses need to make sure the label on the medication card was for the right resident.

The facility policy titled "General Dose Preparation and Medication Administration" was reviewed 4/13/16. The policy and the facility standard of practice read in part "4. Prior to administration of medication, Facility staff should take all measures required by facility policy and Applicable Law, including, but not limited to the following: 4.1 Facility staff should: 4.1.1 Verify each time a medication is administered that it is the correct medication, at the correct dose, at the correct route, at the correct rate, at the correct time, for the correct resident, as set forth in Appendix 17: Facility Administration Times Schedule."

The surveyor informed the administrative staff of the above finding on 4/13/16 at 3:25 p.m. Resident #16 was admitted to the facility 3/7/16 with diagnoses that included but not limited to femur fracture, diabetes, heart failure, anemia, hyperlipidemia, cardiac pacemaker, and hypothyroidism. Admission minimum data set (MDS) with an assessment reference date (ARD) F 281

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Facility IO: VA0136

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F 281	cognitive summary Resident #17 was and readmitted 10/included but not lin disease, angina, hy deficiency anemia, anorexia. Resident set (MDS) assess reference date (AF resident with a cog of 15. No further informate exit conference on 483.25 PROVIDE	d Resident #16 with a score of 08 out of 15. admitted to the facility 7/21/15 19/15 with diagnoses that nited to cerebrovascular //pertension, diabetes, iron acute kidney failure, and t #17's quarterly minimum data nent with an assessment (D) of 1/26/16 assessed the nitive summary score of 15 out ion was provided prior to the 4/14/16. CARE/SERVICES FOR		309		
SS=D	THE A SECTION OF THE PROPERTY)	 LPN #1 was educated on pain, including assessment verbal residents and how observe possible pain and behaviors/activity change responses. Current residents receiving the potential to be affect 	nts for verbal ar to systematica d comfort thru e and autonomi ng wound care I	nd non ally

DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

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04/14/2016

NAME OF PROVIDER OR SUPPLIER

AFS OF BASTIAN, INC

STREET ADDRESS. CITY, STATE. ZIP CODE 12185 GRAPEFIELD ROAD

BASTIAN, VA 24314

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F 309 Continued From page 4 The findings include:

The facility staff failed to assess Resident #3 for pain before a wound treatment, failed to stop the treatment and medicate the resident when the resident screamed and hit staff during the wound care.

The surveyor reviewed Resident #3's clinical record on 4/12/16 and 4/13/16. Resident #3 was admitted to the facility 4/10/15 with diagnoses that included but not limited to unspecified psychosis, hypertension, type 2 diabetes mellitus, major depressive disorder, unspecified dementia without behavioral disturbances, hyperlipidemia, gastro-esophageal reflux disease, chronic obstructive pulmonary disease, hypothyroidism, anorexia, sepsis, and urinary tract infection.

Resident #3's quarterly minimum data set (MDS) assessment with an assessment reference date (ARD) of 1/2/16 assessed the resident with a BIMS (brief interview for mental status) score of 00 out of 15. Section B0700 assessed Resident #3 as making self understood and Section B0800 assessed Resident #3 with the ability to understand others. Section E Behaviors assessed Resident #3 to exhibit physical behavioral symptoms directed toward others1-3 days; verbal behavioral symptoms directed toward others 1-3 days, and other behavioral symptoms not directed at others 1-3 days. Resident #3's presence and frequency of rejection of care was 1-3 days. Resident #3 required extensive assistance of two staff members for bed mobility and was totally dependent on 2 staff members for transfers. Resident #3 required extensive assistance of two staff members for dressing and toileting and was

F 309

- 3. The clinical staff will be educated by the Director of Nursing Services/designee on the center's policy for pain including assessments for verbal and nonverbal residents. The education will include how to systematically observe possible pain and comfort thru behaviors/change in activity and autonomic responses. In addition, education will also include assessing residents who are unable to communicate and undergo a procedure that would be painful for others should be treated for pain preemptively.
- ..4. The Director of Nursing Services/designee will monitor for proper pain assessments during treatment observation three times weekly.
 - The results will be reported monthly to the Quality Assurance Committee for review and discussion. Once the QA Committee determines the problem no longer exists, audits will be conducted on a random basis.
 - 6. Date of Correction-May 28, 2016

FORM CMS-2567(02-99) Previous Versions Obsolele

Event ID WZFY11

Facility ID: VA0136

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DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

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BASTIAN, VA 24314

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totally dependent on 2 staff members for personal hygiene/bathing. Section J0200 Pain assessed that the resident interview should be conducted for pain; however, J0300 assessed that resident scored a "9"-unable to answer and to skip to Section J0800, Indicators of pain or possible pain. J0800 Staff assessment for pain was marked with an "X"-none of these signs observed or documented. Section M0210 Unhealed pressure ulcers coded resident with one (1) Stage 2 ulcer.

On 4/13/16 at 9:56 a.m., the surveyor entered the room of Resident #3 to observe wound care to the Stage 2 left heel decubitus. Licensed practical nurse #1 was assisted by certified nursing assistant #1 during the wound care observation.

The U.S Department of Health and Human Services Treatment of Pressure Ulcers pamphlet defined a Stage II as a pressure ulcer that showed partial thickness skin loss involving epidermis, dermis, or both. The ulcer is superficial and presents clinically as an abrasion, blister, or shall crater. Pain management and assessment page 31 revealed the following: "Clinicians reported that they observe patients reacting to pressure-ulcer related pain during turning, dressing changes, and debridement. The clinician should recognize that such pain may exist and should assess for its presence. Caregivers should not assume because a patient cannot express or respond to pain that it does not exist. Because pain may be evoked or may be especially acute during dressing changes and debridement, the caregiver should try to prevent such discomfort or take steps to relieve it."

Resident #3 was observed in bed. Certified

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nursing assistant #1 stated the dressing to her left heel area had come off earlier that morning.

On 4/13/16 at 10:02 a.m., licensed practical nurse #1 cleaned the over the bed table and placed a clean dry towel on the table. Supplies were placed on the clean towel. L.P.N. #1 washed her hands and applied non-sterile gloves. When L.P.N. #1 moved Resident #3's left leg, Resident #3 screamed "Ow!" Resident #3 yelled when her left knee was extended outward. Neither the licensed practical nurse #1 nor the certified nursing assistant #1asked about her complaints when her left knee was moved. Licensed practical nurse #1 continued to provide wound care to Resident #3. At the point when the cleaning of the wound began, Resident #3 yelled "Go to hell." L.P.N. #1 did not stop the cleaning procedure nor did she ask the resident what the concern was but continued to clean the Stage 2 heel wound. When L.P.N. #1 applied the skin prep to the left heel, Resident #3 was observed to smack the C.N.A. on the left arm. Resident #3 also repeated the phrase "Go to hell!" three more times. L.P.N. #1 continued to pack the wound with a normal saline soaked gauze and apply a border gauze dressing. L.P.N. #1 stated "I'm sorry." Resident #3 screamed at the end of the dressing change. L.P.N. #1 said "I'm sorry" again; however, L.P.N. #1 never asked the resident if she had pain.

Upon completion of the wound care observation, the surveyor asked L.P.N. #1 how she assessed for pain in Resident #3. L.P.N. #1 stated "Anytime you mess with her, she grunts and groans and screams." L.P.N. #1 was asked if the wound care should have been stopped when Resident #3 screamed. She stated "Probably."

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F 309 Continued From page 7

L.P.N. #1 stated she would give Resident #3 something for pain.

Licensed practical nurse #2 offered Resident #3 pain medication at 10:15 a.m. Resident #3 refused Tylenol 325 mg (milligrams) for pain.

The surveyor interviewed registered nurse #1 on 4/13/16 at 10:15 a.m. R.N. #1 stated she had known Resident #3 all of her life. "Maybe because she knows me, she doesn't scream out when I do the treatment on her foot. Resident #3 watches me. On occassion, she will scream out when I remove the old dressing but not often."

The surveyor interviewed certified nursing assistant #1 on 4/13/16 at 1:15 p.m. C.N.A. #1 stated Resident #3 screams when there was no care provided. "Sometimes you can hear her scream when you are just walking down the hall and no one is doing anything to her." The surveyor observed certified nursing assistant #1 and certified nursing assistant #2 provide perineal care to Resident #3 on 4/13/16 at 1:20 p.m. When Resident #3's left leg and left knee were moved, Resident #3 screamed. Resident #3 was observed to have contracted legs.

The surveyor reviewed the February 2016, March 2016 and April 2016 progress notes. The notes did not contain documentation of any behavior Resident #3 exhibited during these 3 months. No documentation of screaming or hitting.

The surveyor reviewed the nurse's progress note for 4/13/16 at 1043. The note read in part: "While wound care nurse was attempting wound care to the left heel resident began yelling. This nurse implemented routine standing orders for

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Facility ID: VA0136

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F 309	F 309 Continued From page 8 Acetaminophen 650 mg (milligrams) q (every) 4 hrs (hours) for pain/fever. Attempted to give resident medication and explained what the medication was and what it was for and resident smacked medications from my hand and began yelling no, no, no. Resident continued to yell afte exiting room [(nurse's signature-LPN #2)]."			309	
	resident who was	to receive wound care with the on 4/13/16 at 1:30 p.m. The end to normal			

The resident's current comprehensive care plan dated 2/2/16 was reviewed. The current comprehensive care plan did not include a specific plan of care or interventions when Resident #3 experienced pain. Resident #3's current comprehensive care plan revised 2/2/16 did include the focus area of communication deficit r/t (related to) hearing deficit. Interventions: Monitor/document for physical/non-verbal indicators of discomfort or distress, and follow-up as needed.

behavior-example Resident #3's screams. The DON continued to say that Resident #3 screams a lot and staff tend to see that behavior as normal when the screams are abnormal behavior. The DON stated the staff need to figure out what the

cause of the screams are.

Pain assessment as documented on the April 2016 medication administration record from 4/1/16 through 4/12/16 was documented as a "0"-0= no pain. There was no documentation of a pain assessment prior to wound care on 4/13/16 at 9:56 a.m.

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DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

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04/14/2016

NAME OF PROVIDER OR SUPPLIER

AFS OF BASTIAN, INC

STREET ADDRESS, CITY, STATE, ZIP CODE 12185 GRAPEFIELD ROAD BASTIAN, VA 24314

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The most recent monthly summary completed 4/6/16 was reviewed for the pain assessment. The monthly summary documented Resident #3 had experienced no pain in the past 7 days.

The surveyor informed the administrative staff of the above finding on 4/13/16 at 3:25 p.m. The surveyor requested the facility policy on pain management and wound care and Resident #3's pain assessments.

The surveyor reviewed the facility policy on pain provided by the regional nurse consultant on 4/13/16 at 2:00 p.m. The policy read "PAIN IN NON-VERBAL RESIDENTS OR THOSE WITH IMPAIRED COMMUNICATIONS" Assessment Strategies: 1. Ask the resident's family or other close caregivers whether or not they think the resident has pain and why. 2. If there is any reason to suspect pain, a diagnostic trial or analgesics is often appropriate. Residents who are unable to communicate and who undergo a procedure that would be painful for others should be treated for pain preemptively. 3. Systematically observe possible pain and comfort behaviors/activity change and autonomic responses.

No further information was provided to the surveyor prior to the exit conference on 4/14/16.
F 441 483.65 INFECTION CONTROL, PREVENT

SS=E SPREAD, LINENS

The facility must establish and maintain an Infection Control Program designed to provide a safe, sanitary and comfortable environment and to help prevent the development and transmission of disease and infection.

F 309

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FORM CMS-2567(02-99) Previous Versions Obsolete

Event IO: WZFY11

Facility ID: VA0136

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NAME OF PROVIDER OR SUPPLIER

AFS OF BASTIAN, INC

STREET ADDRESS. CITY. STATE, ZIP COOE 12185 GRAPEFIELD ROAD BASTIAN, VA 24314

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F 441 Continued From page 10

(a) Infection Control Program
The facility must establish an Infection Control
Program under which it -

(1) Investigates, controls, and prevents infections in the facility;

- (2) Decides what procedures, such as isolation, should be applied to an individual resident; and
- (3) Maintains a record of incidents and corrective actions related to infections.
- (b) Preventing Spread of Infection
- (1) When the Infection Control Program determines that a resident needs isolation to prevent the spread of infection, the facility must isolate the resident.
- (2) The facility must prohibit employees with a communicable disease or infected skin lesions from direct contact with residents or their food, if direct contact will transmit the disease.
- (3) The facility must require staff to wash their hands after each direct resident contact for which hand washing is indicated by accepted professional practice.
- (c) Linens

Personnel must handle, store, process and transport linens so as to prevent the spread of infection.

This REQUIREMENT is not met as evidenced by:

Based on observation, staff interview, facility document review, and clinical record review, the facility staff failed to help prevent the development and transmission of disease and infection for 2 of 17 residents (Residents #1 and

F 441

- RT #1 was educated on the center's policy for trach care including infection control when providing care for the trach.
- Resident #9 physician was notified on 4/14/16 of the resident's need to re-culture prior to removing from isolation.
- Infections in the center are being tracked and maintained on the infection control log to ensure accuracy and trending of infections.
- 2. Current residents in the center have the potential to be affected.
- 3. The clinical staff will be educated by the
- Director of Nursing Services/designee on protocol for providing trach care including infection control practices. In addition, staff was educated on isolation protocol and procedure for removing residents from isolation. The Director of Nursing was educated by the corporate nurse on tracking and trending of infections in the center, including completion of the infection control log.

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: WZFY I1

Facility ID: VA0136

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MAY 02 2016

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DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 04/21/2016 FORM APPROVED OMB NO. 0938-0391

STATEMENT	OF DEFICIENCIES
	C CODDECTION

(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER

495191

(X2) MULTIPLE CONSTRUCTION
A BUILDING

(X3) DATE SURVEY COMPLETED

B WING

04/14/2016

NAME OF PROVIDER OR SUPPLIER

AFS OF BASTIAN, INC

(X4) ID

PREFIX

TAG

STREET ADDRESS. CITY STATE ZIP CODE 12185 GRAPEFIELD ROAD BASTIAN, VA 24314

SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) ID PREFIX TAG PROVIDER'S PLAN OF CORRECTION
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DEFICIENCY!

DATE COMPLETION

F 441 Continued From page 11

#9); and to maintain an Infection Control Program designed to provide a safe, sanitary, environment.

 For Resident #1 the facility staff failed to follow infection control practices in trach care.

Resident #1 was admitted to the facility 12/7/15. Diagnoses included, but were not limited to chronic respiratory failure, anemia, hypertension, and Tracheostomy.

The most recent MDS (minimum data set) assessment completed on this resident was a quarterly with an ARD (assessment reference date) of 03/12/16, assessed the resident to understand and to be understood.

On 4/13/16 at approximately 2:30 pm, the surveyor observed tracheostomy care by Respiratory therapist (RT) #1. Respiratory therapist #1 washed her hands with hand sanitizer put her gloves on then proceeded to open the edge of the trach care kit and poured sterile saline into the sterile basin. All this was done on the therapist treatment cart in the hallway. RT #1 then entered the room and placed the trach care kit on to the bed side table (without cleaning the table top). She then removed the dressing from around the stoma and placed in the trash can at the bed side. She then removed her glove on the right hand and placed it in the trash can. Therapist #1 put a sterile glove on her right hand, and then placed the sterile field on Resident #1 's chest; Resident #1 reached up with her hand and held it tight in the middle. Therapist #1 then said to Resident #1 don't touch it. Leaving the sterile field in place therapist #1 unlocked and removed the

F 441

- 4. The Director of Nursing Services/designee will observe trach care two times per week to ensure infection control protocol is being followed. In addition, residents on isolation will be reviewed during morning meeting to determine the appropriateness of discontinuation of isolation. Infection control log will also be review in the morning meeting to ensure infections are being logged, tracked and determine trending of infections.
- 5. The results will be reported monthly to the Quality Assurance Committee for review and discussion. Once the QA Committee
- determines the problem no longer exists, audits will be conducted on a random basis.
- 6. Date of correction- May 28, 2016.

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Event ID: WZFY11

Facility ID: VA0136

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PRINTED: 04/21/2016 FORM APPROVED DEPARTMENT OF HEALTH AND HUMAN SERVICES OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA COMPLETED STATEMENT OF DEFICIENCIES IDENTIFICATION NUMBER A BUILDING _ AND PLAN OF CORRECTION 04/14/2016 B. WING. 495191 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 12185 GRAPEFIELD ROAD BASTIAN, VA 24314 AFS OF BASTIAN, INC PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION ID PREFIX SUMMARY STATEMENT OF DEFICIENCIES IEACH CORRECTIVE ACTION SHOULD BE OATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL CROSS-REFERENCED TO THE APPROPRIATE (X4) ID REGULATORY OR LSC IDENTIFYING INFORMATION) PREFIX TAG DEFICIENCY) TAG

F 441 Continued From page 12

disposable inner cannula with her non-sterile hand. Then using her sterile gloved hand she placed the new inner cannula into the outer cannula. The therapists then cleaned around the stoma and place a new drain sponge under the tracheostomy tube. Removed her gloves and washed her hands after cleaning up the trash. The surveyor asked the therapist for the facility policy and procedure related to the care she had just provided. RT#1, had difficulty finding the policy so the surveyor asked the director of nurses for it. The policy was located and provided to the surveyor titled Tracheostomy Care without Cuff. It read in part as follows under procedure: 9. Wash hands

- 10. Put on clean gloves.
- 11. Remove soiled dressing. Loosen trach tie/holder enough so that you are able to maneuver under trach plate, but not so much that you risk decannulation.
- 12. Remove gloves; discard in waste and wash hands.
- 13. Open sterile tracheostomy kit using aseptic technique.
- 14. Remove sterile drape from trach care kit and spread on bed side table. Do not touch inner sterile field.
- 15. Empty sterile contents of trach care kit onto sterile drape.
- 16. Fill one sterile basin with a mixture of sterile water and hydrogen peroxide to make approximately a 50% dilution, and fill another sterile basin with sterile water.
- 17. Put on sterile gloves. Designate your dominant hand as the sterile hand.
- 18. If resident has a disposable inner cannula, with non-sterile hand unlock and remove cannula from trach tube and discard in waste bag.
 After reading the policy the surveyor spoke with

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DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 04/21/2016 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION

(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER

495191

(X2) MULTIPLE CONSTRUCTION
A BUILDING

IX3) DATE SURVEY COMPLETED

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04/14/2016

NAME OF PROVIDER OR SUPPLIER

AFS OF BASTIAN, INC

STREET ADDRESS, CITY, STATE, ZIP CODE 12185 GRAPEFIELD ROAD BASTIAN, VA 24314

(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES
(EACH DEFICIENCY MUST BE PRECEDED BY FULL
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F 441 Continued From page 13

the director of nurses and informed him of the lack of hand washing after removing the soiled dressing and the procedure that RT#1 used as documented above.

The surveyor also informed RT #1 of the lack of hand washing after removing the soiled dressing and the procedure that she used.

On 4/13/16 at 3:30 pm, during a meeting with the administrative staff the above information was shared

Prior to exit on 4/14/16, no further information was provided to the surveyor related to the infection control issue.

2. Resident #9 was admitted to the facility 3/20/16. Diagnoses included, but were not limited to chronic respiratory failure, anemia, diabetes, thyroid disorder, heart failure, hypertension, and Tracheostomy.

For Resident #9 the facility staff failed to follow the facility policy and procedure for removing the resident from isolation precautions.

The most recent MDS (minimum data set) assessment completed on this resident was an admission with an ARD (assessment reference date) of 04/6/16, assessed the resident to understand and to be understood. Her MDS assessment had her coded for Multidrug-resistant organism (MDRO).

Resident # 9 was care planed for Methicillin Resistant Staphylicoccus Areus (MRSA). One of her interventions she was care planned for was "Follow infection control measures per-facility protocol precautions."

On 4/12/16 the survey team observed Resident # 9 to be in isolation. The nurse informed the surveyor that Resident #9 was in isolation due to

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Event ID: WZFY11

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F 441	MRSA of her nares On 4/14/16 the sur #9 had been taken review of the clinica culture for clearing isolation. The ADO had been cultured discontinuation of t didn 't get an orde was treated for 14 procedure (P&P) w	veyor was informed Resident off isolation precautions. A all record did not reveal a the resident to come off N was asked if the resident for the MRSA prior to the he isolation. She stated "I r for the culture because she days. The isolation policy and was requested by the surveyor	F4	41		
	(MRSA) 10. Discontinuation resident may be continued to two cultures of the is negative (except should be taken 72 treatment has been culture should be the first or the second positive for MRSA taken one week at a continue cultures to the second to the cultures of the cultures of the second to the cultures of the second to the cultures of the cultures of the second to the secon	nt Staphylicoccus Areus n of isolation precautions: A possidered free of MRSA after colonized or infected body site t for nares). The first culture hours or more after antibiotic n discontinued. The second aken one week after the first. It and of these cultures remains cultures should continue to be pare been documented.	f			
	A. If a sputum spera resident who has MRSA in the sputube cultured as a standard be cultured as a standard be cultured with procedures stated c. When two consider obtained, condiscontinued and standard followed for the red. Using cultures of for discontinuing continuing continuing cultures of the culture of the cultures of the cultu	cimen cannot be obtained from s been colonized/ infected with im, the resident 's throat may urrogate for sputum. s healed, the healed site itself ith a moist swab, according to elsewhere in this guideline. ecutive negative cultures have ntact precautions may be standard precautions should be	e			

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necessary and should not be done. Negative EvenI ID: WZFY11

Facility ID: VA0136

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F 441 Continued From page 15

nares culture from a resident does not necessarily provided adequate evidence that the MRSA has been eradicated from that resident. Prevalence surveys have shown that residents may be colonized with MRSA in the absence of infection without the knowledge of the health care staff. Therefore, a resident 's nares should only be cultured if the resident is implicated in a MRSA outbreak situation and not as a condition for termination of contact precautions.

After reading the policy and the procedure the surveyor asked the director of nurses if the P&P had been followed regarding the removal of Resident # 9 from isolation on 4/14/16 at 10:30am.

He responded " she had MRSA of the nares. After considering what was in the P&P the director of nurses said "I will put her back on isolation today. "

The director of nurse reported back from the surveyor that the physician did not see the need to reculture the resident. "

On 4/14/16 the surveyor spoke with Resident #9 ' s physician informed him the facility had not followed their own P&P in removing the resident from isolation. The physician informed the survey team he would assist the facility where the P&P was concerned.

On 4/14/16 at 12:55 pm, during a meeting with the administrative staff the above information was

Prior to exit on 4/14/16, no further information was provided to the surveyor related to the infection control issue.

3. The facility staff failed to maintain an infection control program to help prevent the development and transmission of disease. The infection log was incomplete from May 2015 through April 2016.

F 441

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Event ID: WZFY11

Facility ID: VA0136

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F 441	requested the facili May 2015 through administrator provice copy of the infection stated the infection facility 4/12/16 but. The surveyor was I May 2015 through a control nurse (licen 4/13/16. The surveyor direction components of an interpretation of a program. Components of an interpretation of a program tracking for cross-infection on and if the infection ongoing. The surveyor discuinfection control nutled p.m. L.P.N. # laboratory does not was cultured. L.P. information if the oresistive to an antilifrom a hospital whethe culture results, The surveyor information in the culture results, The surveyor information in the region administrative staff 4/13/16 at 3:25 p.m. The surveyor of the faction on the faction and the review of the faction of the	e conference, the surveyor ty infection tracking log from present (April 2016). The ded the surveyor with a blank in log. The administrator control nurse was not at the would be at the facility 4/13/16. provided the infection log from April 2016 from the infection sed practical nurse #1) on eyor reviewed the infection log stion control log was lacking infection control tracking ents of the infection control prim did not identify any ble, the source of the infection, surveillance and monitoring antibiotic doses and duration, had been resolved or was ussed the infection log with the last stated the facility contracting the provide the organism that N. #1 stated the lab provided reganism was susceptible or biotic. "If the resident came en admitted, sometimes we ge "L.P.N. #1 stated. med the administrator, the the assistant director of lal nurse consultant, and fifs of the above finding on and again on 4/14/16 at arreyeyor requested the facility		141			

tracking information.

AND HUMAN SERVICES

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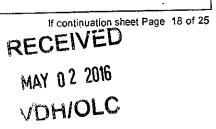
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F 441	Continued From pa	age 17	F 4	41		
1-11	No further informate exit conference on	ion was provided prior to the 4/14/16.		.00		
F 502	483.75(j)(1) ADMIN	ISTRATION	F 5	02		
SS=D	services to meet th	ovide or obtain laboratory e needs of its residents. The le for the quality and timeliness		1.	Resident #2's physician was of lab not obtained for orde metabolic panel).	
	This REQUIREME	NT is not met as evidenced		2.	A review of physician lab ord days will be audited to assur physician ordered labs of cu	re accuracy of
	by: Based on staff interview and clinical record review, the facility staff failed to obtain a physician orde red laboratory test for 1 of 17 residents (Resident #2). The findings included: The facility staff failed to obtain the physician ordered BMP (basic metabolic panel) for Resident #2. Resident #2's clinical record was reviewed 4/12/16 and 4/13/16. Resident #2 was admitted to the facility 12/27/14 and readmitted 8/13/15 with diagnoses that included but not limited to dementia with behavioral disturbances, hyperlipidemia, hypertension, constipation, anxiety, and anorexia. Resident #2's quarterly minimum data set (MDS) assessment with an assessment reference date (ARD) of 1/5/16 assessed the resident with a summary score of 00 out of 15. The March 2016 physician orders included			3.	The clinical staff will be educed Director of Nursing Services, transcription and completion physician orders.	/designee on
				4.	The Director of Nursing Serve monitor lab orders and resuduring morning meeting to eas per physician orders.	Its five days a week
				5.	The results will be reported Quality Assurance Committed discussion. Once the QA Condetermines the problem no will be conducted on a random street of the problem.	ee for review and mmittee longer exists, audits
	blood count) and E every 6 months (do The surveyor review	o obtain a CBC (complete BMP (basic metabolic panel) ue March & September). ewed the laboratory section of In the record, the surveyor		6.	Date of Correction-May 28,	2016.

FORM CMS-2567(02-99) Previous Versions Obsolele

located a laboratory result for a CBC and a CMP

Event 1D: WZFY11

Facility ID: VA0136



DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 04/21/2016 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES	S
AND PLAN OF CORRECTION	

(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:

(X2) MULTIPLE CONSTRUCTION
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(X3) DATE SURVEY COMPLETED

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B. WING

04/14/2016

NAME OF PROVIDER OR SUPPLIER

AFS OF BASTIAN, INC

STREET ADDRESS, CITY, STATE, ZIP CODE 12185 GRAPEFIELD ROAD BASTIAN, VA 24314

(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES
(EACH DEFICIENCY MUST BE PRECEDED BY FULL
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(complete metabolic panel) obtained 3/3/16. The surveyor was unable to locate the results of the physician ordered BMP for March 2016. The March 2016 progress notes were reviewed. The 3/3/16 08:10 nurse's note read "Note Text: Obtained CBC, CMP from lower left arm. Pressure dressing applied. Resident tolerated well."

The surveyor discussed the concern with the director of nursing on 4/13/16 at 1:30 p.m. The DON reviewed the clinical record and stated "The order was transcribed wrong."

The surveyor informed the administrator, the director of nursing, the regional nurse consultant, the assistant director of nursing, and administrative staff #5 of the above finding on 4/13/16 at 3:25 p.m.

No further information was provided prior to the exit conference on 4/14/16.

F 514 483.75(I)(1) RES

SS=D RECORDS-COMPLETE/ACCURATE/ACCESSIB

The facility must maintain clinical records on each resident in accordance with accepted professional standards and practices that are complete; accurately documented; readily accessible; and systematically organized.

The clinical record must contain sufficient information to identify the resident; a record of the resident's assessments; the plan of care and services provided; the results of any preadmission screening conducted by the State; and progress notes.

This REQUIREMENT is not met as evidenced

F 502

F 514

- Resident #3's and #8's physician was notified on 4/14/16 of omission in medical record of one blood sugar and one dose of insulin. Resident #8 quarterly assessment was completed on 4/14/16 for continued use of the self releasing seatbelt.
- A review of the medication administration record for current residents in the center with a diagnosis of diabetes for the last 30 days to ensure accu-checks have been competed and documented and ordered insulin as been documented as administered.

DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION

(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: (X2) MULTIPLE CONSTRUCTION
A BUILDING

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04/14/2016

NAME OF PROVIDER OR SUPPLIER

AFS OF BASTIAN, INC

12185 GRAPEFIELD ROAD BASTIAN, VA 24314

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STREET ADDRESS, CITY, STATE, ZIP CODE

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F 514 Continued From page 19

bv:

Based on observation, staff interview, facility document review, and clinical record review, the facility staff failed to maintain a complete and accurate clinical record for 2 of 17 residents (Resident #3 and Resident #8).

The findings included:

1. The facility staff failed to maintain complete and accurate April 2016 medication administration records (MARs) for Resident #3. There was no documentation that blood sugar results and insulin administration had been done on 4/11/16 at 5:00 p.m.

The surveyor reviewed Resident #3's clinical record on 4/12/16 and 4/13/16. Resident #3 was admitted to the facility 4/10/15 with diagnoses that included but not limited to unspecified psychosis, hypertension, type 2 diabetes mellitus, major depressive disorder, unspecified dementia without behavioral disturbances, hyperlipidemia, gastro-esophageal reflux disease, chronic obstructive pulmonary disease, hypothyroidism, anorexia, sepsis, and urinary tract infection.

Resident #3's quarterly minimum data set (MDS) assessment with an assessment reference date (ARD) of 1/2/16 assessed the resident with a BIMS (brief interview for mental status) score of 00 out of 15. Section B0700 assessed Resident #3 as making self understood and Section B0800 assessed Resident #3 with the ability to understand others. Section E Behaviors assessed Resident #3 to exhibit physical behavioral symptoms directed toward others1-3 days; verbal behavioral symptoms directed toward others 1-3 days, and other behavioral

F 514

A review of residents with restraints will be reviewed to ensure quarterly assessments have been completed.

- The clinical staff will be educated by the Director of Nursing services/designee on documentation of accu-checks and documentation of insulin administration on the medication administration record. In addition, education will also include quarterly assessments for residents with restraints.
- 4. The Director of Nursing Services/designee will monitor medical records for diabetic residents three times weekly to ensure accu-checks and insulin administration has been documented. In addition, a review of quarterly assessments will be conducted two times a week to ensure timely completion.
- The results will be reported monthly to the Quality Assurance Committee for review and discussion. Once the QA Committee determines the problem no longer exists, audits will be conducted on a random basis.
- 6. Date of Correction-May 28, 2016.

FORM CMS-2567(02-99) Previous Versions Dbsolete

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Facility ID: VA0136

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F 514	Resident #3's preserejection of care warequired extensive amembers for bed madependent on 2 start Resident #3 required staff members for dotally dependent on hygiene/bathing. So that the resident interprise for pain; however, Jacob Section J0800, India J0800 Staff assession "X"-none of thes documented. Section J0800 Staff assession "X"-none of these documented Section J0800 Staff	arted at others 1-3 days. Ance and frequency of a 1-3 days. Resident #3 Assistance of two staff Assistance of two ressing and toileting and was A 2 staff members for personal Assistance of two Assistance Assis		14			
	entry that read "Hur [milliliter (Insulin Lis subcutaneously thre (diabetes mellitus)] blank for 4/11/16 at sugar log for April 20	e blood sugar result for			MA	CEIV Y 02 2 DH/O	2016

PRINTED: 04/21/2016 FORM APPROVED OMB NO. 0938-0391

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		495191	B WING			04	4/14/2016
	PROVIDER OR SUPPLIER BASTIAN, INC			121	EET ADDRESS, CITY, STATE, ZIP CODE 85 GRAPEFIELD ROAD STIAN, VA 24314		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI; TAG	ĸ	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE	(X5) COMPLETION DATE
F 514	of the blood sugar radministration on 4 director of nursing sthe nurse assigned. The surveyor interv 4/13/16 at 10:15 a.r prientee with her the both the blood sugar that was administer. The surveyor review "Documentation for read in part "1. The sufficient information diagnoses and treat care or treatment; of patient upon dischainstructions to the picare, activity levels, The surveyor informatic exit conference on 4.2. The facility staff "Pre-Restraining As Resident #8 and fai Resident #8 was abseatbelt. Resident #8 was or 1/3/2013 and readministructor of the surveyor informatic exit conference on 4.3.1.	of the lack of documentation result and the insulin (11/16 at 5:00 p.m. The stated that he would contact to Resident #3 on 4/11/16. Resident #3 on 4/11/16. Rewed registered nurse #1 on m. R.N. #1 stated she had an at day and failed to document ur she obtained and the insulined. Wed the facility policy titled Point Click Care." Procedure health record will contain to identify the patient; justify tment; document results of lescribe the condition of the rge; and document atient regarding follow-up and necessary medications." The detail the administrative staff of the 4/13/16 at 3:25 p.m. The on was provided prior to the 4/14/16.	F 5	14			

EvenI ID: WZFY11

mellitus, dementia without behavioral disturbances, hypertension, hypothyroidism,

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		AND HUMAN SERVICES				FORM APP	
CENTE	RS FOR MEDICARE	& MEDICAID SERVICES			(<u> MB NO. 093</u>	8-0391
STATEMENT AND PLAN C	OF DESTICIENCIES OF COR RECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SUR COMPLETI	
		495191	B. WING			04/14/2	016
NAME OF I	PROVIDER OR SUPPLIER			-	TREET ADDRESS, CITY, STATE, ZIP CODE		
AFS OF	BASTIAN, INC				2185 GRAPEFIELD ROAD BASTIAN, VA 24314		
	0.4444574674	TEMENT OF DEFICIENCIES			PROVIDER'S PLAN OF CORRECTI)N	(X5)
(X4) JD PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	x	(EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	D BE COM	MPLETION OATE
E 514	Continued From pa	ae 22	F 5	.14			
1 314		reflux disease without	, 0	, , ¬			
	esophagitis, constit	pation, and pain.					
	Resident #8's annu	al minimum data set (MDS)					
	assessment with ar	assessment reference date					
		sessed the resident with a score of 08 out of 15 in					
	Section C. Section	B assessed Resident #8 to					
		and to be understood. Section					
	P Restraints had no	restraints coded.					
	2/18/16 had a focus	ehensive care plan revised s area that Resident #8 was a					
	fall risk with multiple	e risk factors r/t (related to)					
	old stroke, history o	npaired balance secondary to If falls, impaired					
	decision-making sk	ills r/t dementia, tendency to					
	reach for items off of	of floor. Interventions: Pad					
	alarm to bed and cr	nair. Monitor functioning qd seatbelt when up in GC					
:	(gerichair) Date in	itiated: 01/23/15 and revised					
	4/12/16.						
	The April 2016 phys	sician orders read in part "May					
	frequent falls while	ro seatbelt d/t (due to) up in chair: Order date					
	3/18/15 Start Date	4/22/15."					
	The surveyor obser	ved Resident#8 on 4/14/16 at				: [7]	
	12:00 noon. Reside	ent #8 was observed sitting in eclined Geri-chair. A seat belt			RECEIVE	ر.	
	was attached to the	Geri-chair. The surveyor			MAY 02 201	ĥ	
	spoke with Residen	it #8 and asked Resident #8 to					1
	unfasten the seat b	elt. Resident #8 was difficult			VDH/OL	C	
[to understand but s	tated "I can't. I wish I could."			V (2111 4		

Certified nursing assistant #1 was present during the verbal interaction with Resident #8.

The surveyor interviewed licensed practical nurse

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CENTE	RS FOR MEDICARE	& MEDICAID SERVICES				MB NO	<u>. 0938-0391</u>
STATEMENT OF OEFICIENCIES ANO PLAN OF COFRECTION		(X1) PROVIOER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	l ' '	ULTIPLE CONSTRUCTION OING			E SURVEY 1P1.ETEO
		495191	B WING			04/	14/2016
NAME OF	PROVI DER OR SUPPLIER	I		_	TREET AOORESS, CITY, STATE, ZIP COOE		. "
AFS OF BASTIAN, INC					2185 GRAPEFIELD ROAD ASTIAN, VA 24314		
(X4) IO PREFIX TAG	(EACH OEFICIENCY	TEMENT OF OEFICIENCIES MUST BE PRECEOEO BY FULL SC IOENTIFYING INFORMATION)	IO PREFI TAG	IX	PROVIOER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCEO TO THE APPROPOSED OFFICIENCY)	D BE	(X5) COMPLETION DATE
F 514	sea tbelt. She state to u nfasten it." Resident #8 was all when asked by licel 4/14/16 at 12:58 p.r not present during the surveyor intervious ultant on 4/14/10 nurse consultant on 4/14/10 nurse consultant state documenting quarter continued use of the intended originally for #8 slumps and slide last assessment was regional nurse consultant on 4/14/10 nurse consultant on 4/14/10 nurse consultant or surveyor intended originally for #8 slumps and slide last assessment was regional nurse consultant or 4/14/10 nurse consultant or 4/14/10 nurse consultant or 5/14/10 nurse consultant or 5/14/10 nurse consultant or 6/14/10 nurse consultant or 6	the resident for the use of the d"I have no reason to ask her ole to release the seatbelt insed practical nurse #1 on in. However, the surveyor was the observation. The regional nurse 16 at 1:30 p.m. The regional interest and nurses should be early assessments for the ele seatbelt. "The seatbelt was for positioning where Resident in its done 9/29/15." The sultant stated the staff were early assessments or Resident #8 was asked to	F	514			
	with Posident #8 on	4/14/16 at 12:50 n m, and					•

RECEIVED MAY 02 2016 VDH/OLC

requested the facility policy on restraint usage.

The surveyor reviewed the facility policy titled "Restraint Reduction." The policy read in part "Procedure: 1. Either upon admission to the

physician, the resident Pre-Restraining Assessment will be completed within fourteen

facility or upon receipt of a restraint order from a

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CENTE	RS FOR MEDICARE	& MEDICAID SERVICES				0	MB NO. 0938-0391
STATEMENT OF O EFICIENCIES ANO PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING				(X3) DATE SURVEY COMPLETEO
		495191	B WING				04/14/2016
NAME OF	PROVIDER OR SUPPLIER			STREET	ADDRESS, CITY, STATE, ZIF	CODE	
				12185 GF	RAPEFIELD ROAD	•	
AFS OF	BASTIAN, INC			BASTIA	N, VA 24314		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ITEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF C (EACH CORRECTIVE ACTION ROSS-REFERENCED TO THE DEFICIENCY	ON SHOULD LE APPROPI	BE COMPLETION
F 514	Alternatives to the used. These will be	rsing service professional. 6. use of the restraint may be eidentified on the care plan." on was provided prior to the	F 5	14			
					MAY	CEIVI 2 0 2 20 0H/OL)16